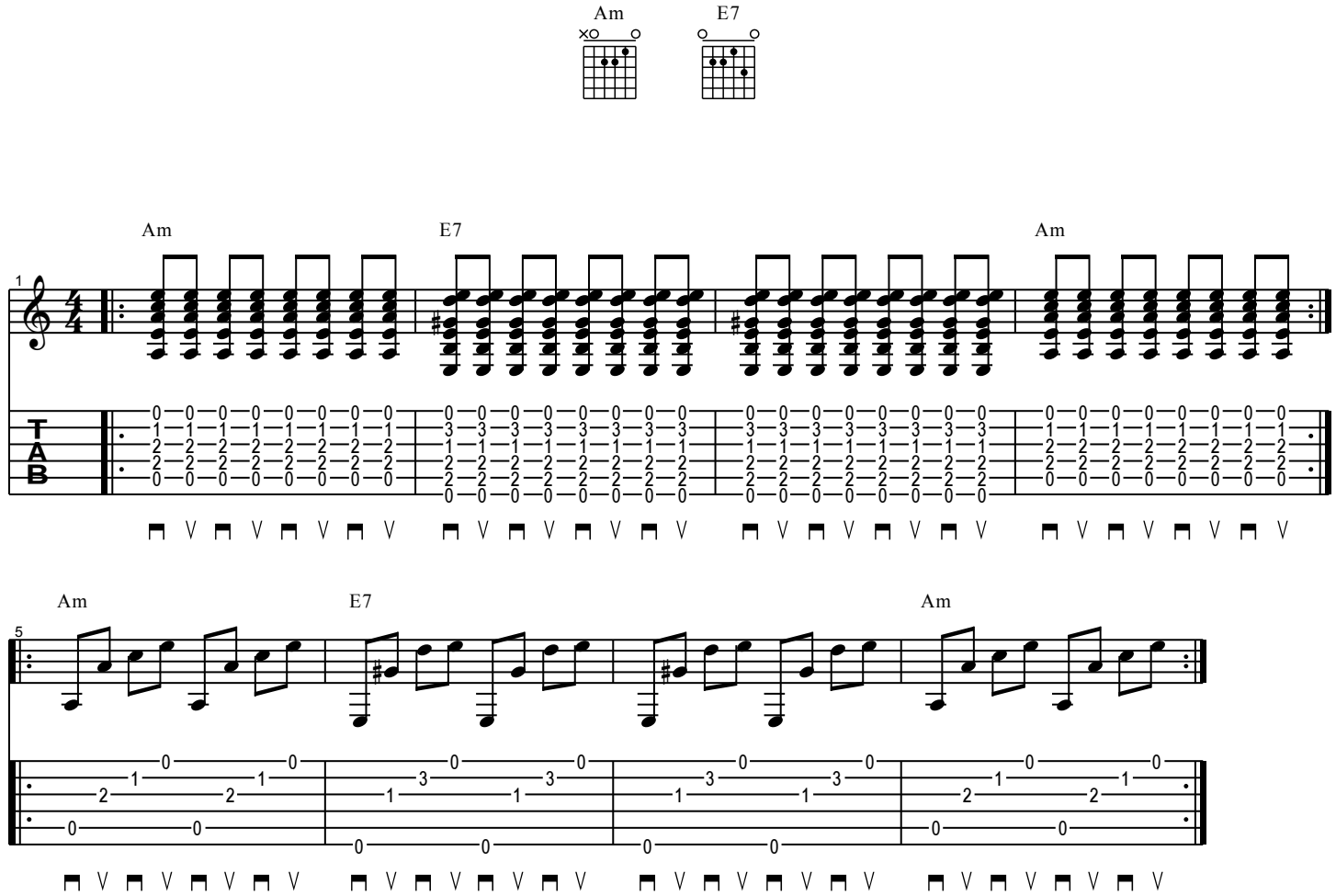Achtelnoten schlagen und zerlegen